

Chicago GMT-5	Rio de Janeiro GMT-3	Berlin GMT+2	Mumbai GMT+5:30	Sydney GMT+10	MY TIME ZONE
10:00	12:00	17:00	20:30	1:00	
11:30	13:30	18:30	22:00	2:30	
12:00	14:00	19:00	22:30	3:00	
13:30	15:30	20:30	24:00	4:30	
14:30	16:30	21:30	1:00	5:30	
16:00	18:00	23:00	2:30	7:00	
16:30	18:30	23:30	3:00	7:30	
18:00	20:00	1:00	4:30	9:00	
19:00	21:00	2:00	5:30	10:00	

DAY 0 | Thursday,  
October 6, 2022

DAY 1 | Friday,  
October 7

DAY 2 | Saturday,  
October 8

DAY 3 | Sunday,  
October 9

**Connection**

**Inspiration**

**Motivation**

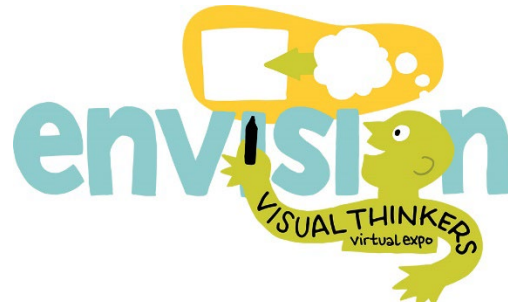
Brandy's Welcome	Session 4	Session 8
Break (15-30 min)	Break (15-30 min)	Break (15-30 min)
Session 1	Session 5	Session 9
Lunch Break (1 hr)	Lunch Break (1 hr)	Lunch Break (1 hr)
Session 2	Session 6	Closing Celebration
Break (15-30 min)	Break (15-30 min)	
Session 3	Session 7	

For All-Access members:  
Welcome Party

Close of day

Dinner Break (1 hr)

For All-Access members:  
Ask Brandy Anything Session



**2022 Schedule At-a-Glance**